



# Think and Grow Rich

by Napoleon Hill · 1937 · 320 pages

In one line: A definite goal, a written plan, daily repetition and a mastermind group. Four useful ideas wrapped in 1937 mysticism.

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Is it worth your time? Only if you want the history. The four ideas that work take two pages; the rest is unprovable claims and dated language. This summary is enough.

## Try this week: five things to do

- 1 Write one goal as a sentence with a number and a date, and put it where you see it twice a day.
- 2 List the three next actions that the goal needs this month, not this year.
- 3 Find two people with a similar goal and set a monthly 30-minute call: that is the mastermind.
- 4 Spend one hour learning one skill the goal needs, from someone who has it.
- 5 Decide in advance what you will do when the first attempt fails, so you do not quit on the day.

Tick each one off. When you miss a day, do the two-minute version the next day. Never miss twice.